

# PANDEMIC H1N1 AND SEASONAL FLU VACCINATION INFORMATION

## Key Facts for Columbus and Franklin County Residents

- Getting your flu shot is the best protection against getting the flu.
- You need two vaccines to be fully protected this year: seasonal flu vaccine and H1N1 (Swine) flu vaccine.
- Seasonal flu vaccine is available now.
- H1N1 (Swine) flu vaccine should be available starting in mid-October 2009 through the spring of 2010.
- The H1N1 vaccine supply will be limited at first. It will be given first to those at highest risk for severe illness, including:
  1. Pregnant women
  2. People who live with or care for babies younger than 6 months old
  3. Children 6 months through adults 24 years of age
  4. People aged 25 - 64 years with health conditions that can cause medical problems (including asthma, diabetes, cancer, HIV/AIDS, and heart or kidney disease)
  5. Healthcare workers and emergency workers with direct patient contact
- *No shortage is expected, so everyone should eventually be able to get the H1N1 flu shot.*

## H1N1 Flu Shot Locations (when available)

- Visit [www.ColumbusPandemicFlu.org](http://www.ColumbusPandemicFlu.org)
- Call 2-1-1 or 221-2255
- Check with your healthcare provider
- Check with your local pharmacy

COST: **H1N1 flu shots will be free** at public health-based clinics. Other locations such as retail pharmacies may charge a fee (under \$15).

## Seasonal Flu Shot Locations

- Visit [www.Vaccine4me.com](http://www.Vaccine4me.com)
- Call (614) 437-2900 or (888) 202-1319
- Check with your healthcare provider
- Check with your local pharmacy

COST: Seasonal flu shots are covered by Medicare B, MediGold, Medicaid, Anthem Senior Advantage and other insurance plans at most locations listed at [www.Vaccine4me.com](http://www.Vaccine4me.com). Please check with the specific clinic provider. Costs of seasonal flu shots this year range from \$19.75 to \$30. You may be able to get your flu shot at no cost if you have no health insurance or if your health insurance does not cover the flu shot and you have limited income and are at high risk for flu complications. Call 1-888-202-1319 (local 614-437-2900) for information.

## Questions?

Call 2-1-1 or 221-2255 for general flu questions.



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