

WASH YOUR HANDS

Research shows that washing your hands is the best thing you can do to stay healthy.

1. Wash your hands with soap and warm water.
2. Rub them together for 20 seconds (or you can sing Happy Birthday twice, please feel free to jam out loud or in your head)
3. Dry your hands.

See, it's that easy!

Franklin County



Board of Health

A message from the Franklin County Board of Health.

Wash Away Germs!



Wet your hands with warm water and soap.

Scrub your hands while singing Happy Birthday two times (15 to 20 seconds).



Rinse and dry your hands. Turn off the water with a clean paper towel.

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